



nutritional **INFORMATION**

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This information is effective as of April 2021.



SUNNY STREET CAFE®

breakfast

NAME	Weight/Size	Kcal	Pro gm	CHO gm	Tot Fat gm	Fibr gm	Trans Fat gm	Total Sugar gm	Na mg
BREAKFAST									
Avocado Benedict	1 Benedict	507	18	27	11	2	0	0	416
Avocado Toast	1 Slice	449	19	38	25	1	0	2	531
Baja Omelette	1 Omelette	365	25	2	28	0	0	2	515
Banana Bread Oatmeal	1 Order	520	13	86	14	10	0	36	5
Berry Yogurt Bowl	1 Order	432	11	90	6	7	0	64	193
Big Breakfast Sandwich	1 Sandwich	835	35	52	53	2	0	10	1417
Biscuit & Gravy	1 Order	383	8	42	21	1	0	5	1297
Breakfast Quesadilla	1 Order	681	34	37	44	4	0	5	1265
Buttermilk Pancakes	1 Order	444	9	60	19	2	0	12	1052
Chicken & Waffle	1 Order	693	37	49	31	0	0	14	1056
Chcken Fried Steak	1 Steak & Gravy	535	26	54	32	1	0	1	1795
Chorizo Breakfast Burrito	1 Wrap	615	30	41	36	4	0	4	1261
Cinnamon Roll Pancakes	1 Order	856	13	114	38	3	0	63	1332
Corned Beef Hash	1 Order	392	13	35	23	4	0	1	1137
Country Omelette	1 Omelette	799	42	22	60	2	0	3	1474
Denver Omelette	1 Omelette	515	38	5	37	1	0	2	1279
Eggs Benedict	1 Order	497	31	32	23	2	0	2	1377
French Toast	1 Order	531	11	77	20	2	0	16	592
French Toast Crunch	1 Order	726	12	138	14	5	0	68	625
Loaded Hashbrowns	1 Order	555	23	38	35	3	0	4	1147
Migas Breakfast Tacos	1 Order	623	32	29	43	4	0	2	648
Protein Wrap	1 Wrap	627	33	60	28	4	0	11	1462
STF Omelette	1 Omelette	366	26	5	27	1	0	4	737
Stuffed Biscuit	1 Order	1053	40	54	76	2	0	8	2673
Sunny Street Benedict	1 Order	535	26	34	33	2	0	5	1100
Sunny's Skilltet	1 Order	772	39	63	42	5	0	4	2033
Veggie Omelette	1 Omelette	267	25	5	16	1	0	3	697
Waffle	1 Waffle	448	3	42	23	0	0	14	832
Wildberry Crumble Pancakes	1 Order	636	10	131	11	6	0	74	1088

lunch

Name	Weight/Size	Kcal	Pro gm	CHO gm	Tot Fat gm	Fibr gm	Trans Fat gm	Total Sugar gm	Na mg
LUNCH									
Berry Avocado Salad	1 Salad	474	16	43	30	12	0	9	576
Bistro Burger	1 Burger	1141	43	53	84	3	0	10	921
Buffalo Grilled Chicken Salad	1 Salad	579	24	34	39	3	0	6	1032
Cali BLT	1 Sandwich	703	19	42	52	8	0	6	1196
Chicken Salad Sandwich	1 Sandwich	479	12	35	33	3	0	5	695
Chipotle Chicken Flatbread	1 Sandwich	773	31	71	41	5	0	9	1320
Monterey Ranch Grilled Chicken Wrap	1 Wrap	597	31	31	38	3	0	4	1315
Ranchito Chicken Salad	1 Salad	521	27	41	27	5	0	9	1226
Reuben	1 Sandwich	996	48	69	59	6	0	13	3510
SW Turkey Club	1 Sandwich	680	42	37	37	3	0	8	2106
The Big Cheese	1 Sandwich	760	31	63	42	2	0	3	1235

kids

Name	Weight/Size	Kcal	Pro gm	CHO gm	Tot Fat gm	Fibr gm	Trans Fat gm	Total Sugar gm	Na mg
KIDS									
Chicken Fingers	3 Chicken Fingers	479	26	17	34	1	0	0	975
Dino Pancakes	1 Buttermilk Dino Pancake	218	2	15	17	0	0	3	264
French Toast	2 Slices	380	6	50	17	2	0	18	424
Grilled Cheese	1 Sandwich	377	11	29	24	1	2	3	605
Mac & Cheese	1 Order	300	11	45	9	2	0	8	570
Peanut Butter & Jelly	1 Sandwich	464	13	63	19	4	0	22	467

sides

Name	Weight/Size	Kcal	Pro gm	CHO gm	Tot Fat gm	Fibr gm	Trans Fat gm	Total Sugar gm	Na mg
SIDES									
Bacon	3 Slices	150	8	0	13	0	0	0	415
Chicken Sausage	2 Links	180	12	4	12	0	0	0	480
Chips	1 Side	150	1	15	10	1	0	1	890
French Fries	1 Order	190	2	20	12	2	0	0	410
Fruit	1 Side	63	1	16	0	2	0	7	4
Grits	1 Side	305	16	65	2	4	0	1	893
Ham	1 Side	100	14	3	4	0	0	3	1010
Sausage Patty	1 Side	500	20	2	46	0	0	2	1020
Scrambled Eggs	2 Eggs	163	13	1	12	0	0	0	142
Wheat Toast	1 Side	232	3	15	18	1	0	1	336

smoothies

Name	Weight/Size	Kcal	Pro gm	CHO gm	Tot Fat gm	Fibr gm	Trans Fat gm	Total Sugar gm	Na mg
SMOOTHIES									
Buckeye	1 Each	611	20	86	24	6	0	64	298
Jungle Crush	1 Each	292	12	49	7	3	0	38	179
Strawberry Banana	1 Each	318	11	57	7	4	0	46	135
Berry Blast	1 Each	287	10	48	7	4	0	44	134

* A category marked zero represents less than one gram per serving.

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